**Participants are encouraged to add the Fatima Dimension of Daily Sacrifice:**

- Fast on all Wednesdays and Fridays.
- Pray the Fatima Sacrifice each morning to accept and bear with submission whatever suffering the Lord permits, offering it as a sacrifice in reparation for sin and the conversion of sinners.

**Suggested Morning Prayer:**

O Jesus, I accept and bear with submission whatever suffering God permits to touch my life today, for love of You, for the conversion of sinners and in reparation for sins committed against the Immaculate Heart of Mary.

**Fatima Prayer:**

O Jesus, it is for love of You, for the conversion of sinners and in reparation for sins committed against the Immaculate Heart of Mary.

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**O Most Blessed Virgin Mary.** Mother of Mercy, at this most critical time, we entrust the United States of America to your loving care.

Most Holy Mother, we beg you to reclaim this land for the glory of your Son. Overwhelmed with the burden of the sins of our nation, we cry to you from the depths of our hearts and seek refuge in your motherly protection.

Look down with mercy upon us and touch the hearts of our people. Open our minds to the great worth of human life and to the responsibilities that accompany human freedom.

Free us from the falsehoods that lead to the evil of abortion and threaten the sanctity of family life. Grant our country the wisdom to proclaim that God’s law is the foundation on which this nation was founded, and that He alone is the True Source of our cherished rights to life, liberty and pursuit of happiness.

O Merciful Mother, give us the courage to reject the culture of death and the strength to build a new Culture of Life.  **Amen.**

Source: Msgr. William J. Blacet, revised 2004